

**Pathways
to Work**

Made in South Yorkshire, for South Yorkshire

flyingfutures



Activ Futures

Kickstart a career in sport or leisure!

Get ready for an active future and join our free sport-focused sessions across Doncaster. Learn new skills, receive tailored support and prepare for employability.



Funded by
UK Government



South Yorkshire
Integrated Care Board



City of
Doncaster
Council

Contact us via email at
activfutures@flyingfutures.org

Our programme

Our programme is designed to support participants in improving their health and wellbeing, as well as exploring training, support and discover pathways into the hospitality, sport and leisure sectors.

Participants can attend our weekly sessions and meet our team, and from there get the chance to take accredited qualifications, receive employability support, connect with employers and work towards employment, apprenticeship or voluntary opportunities. All elements of our programme are completely free.

Activ sessions

The first step on the pathway for participants is to attend our **free** weekly activity sessions in Doncaster. These sessions are designed as a welcoming introduction to our wider support programme.

**Agency Club Retail Store,
Bennetthorpe,
DN2 6AA**

Every Tuesday

5:30pm - 6:30pm

Activities include:

- Beginner-friendly running club
- Table tennis
- Multi-sport activities

**Brodsworth Miners Welfare
Legacy Club, Woodlands,
DN6 7HR**

Every Thursday

11:00am - 12:00pm

Activities include:

- Boxercise (non-contact boxing fitness)
- Low-impact fitness sessions
- Multi-sport activities

Accredited qualification offer

Participants can progress to our **Level 1 in Fitness and Physical Activity** accredited qualification with Active First.

This free qualification enables participants to gain the knowledge and skills required to assist in leading safe and effective exercise sessions. It also enables them to explore career opportunities within the active leisure sector and develop an understanding of healthy eating and a healthy lifestyle.

The pathway to work



Attend *activ* sessions and meet the team

Participants will complete a structured progression route throughout the programme.

Work towards accredited qualifications

Our team will work with participants to identify the right opportunities, at the right time, based on individual goals, interests and circumstances.

Explore opportunities and connect with employers

Whether the goal is to improve wellbeing, gain confidence, achieve qualifications, return to work or explore new opportunities, our team will be there to support.

Take the next step into employment!

Further information

The programme is open to anyone aged 16+ and is designed for people facing barriers to employment. The core target groups for the programme include:

- Aged 16-24 and not in education, employment or training (NEET).
- In part-time education for 18 hours or fewer and do not receive financial support.
- Recent arrival to the UK
- Retired
- Out of work for various reasons such as: health related barriers, discouraged from the job market, career break, redundancy, looking after the home, caring responsibilities, and more.

Other circumstances may qualify, and we recommend contacting us directly to confirm eligibility.

Note: Participants are able to take part in the qualification element of our offering without attending the *Activ* session. We are able to chat with potential participants about their goals and interests and offer support that is tailored to them. This can be in-person or via phone.

Contact us

Please email activfutures@flyingfutures.org for further information or visit flyingfutures.org/pathways-to-work. You can also contact us via 07957262762.

Participants can register interest by scanning the QR code.

